



About The Erasing Self-Doubt Journey™

The breakthrough to genuine, unshakable confidence is uncovering and rewriting the subconscious fears and beliefs that rule your adult life. The Erasing Self-Doubt Journey™ is an immersive, small-group coaching journey that increase your self-awareness, influence, and professional or executive presence. You'll discover the hidden sources of your self-doubt, second-guessing, imposter syndrome, perfectionism, and revisiting past mistakes.



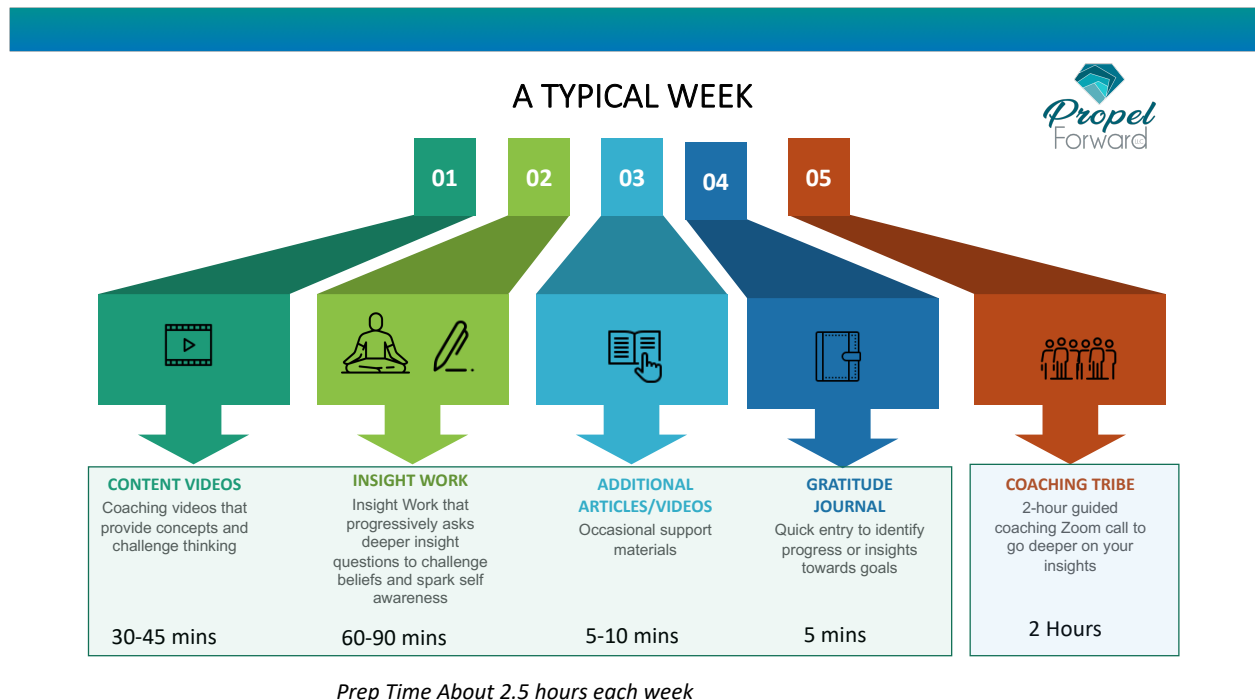
A precisely planned journey to ensure your deepest self-awareness and future success



Expect Transformation:

At the end of the Erasing Self-Doubt journey, you will be able to:

- Increase your influence while empowering others
- Challenge misconceptions that restrain you from taking bold steps in your career and personal life
- Get your needs met without fear of arrogance or selfishness
- Reach excellence without burning yourself out
- Avoid emotional hijacking into fear, anger, anxiety, envy, guilt, and shame
- Eliminate that negative mind chatter that has you silently bullying yourself and others
- Stop reliving past mistakes
- Find more joy and satisfaction in your work and personal life
- Express your individuality with confidence
- Be a better leader, partner, parent, and friend





Included in the Erasing Self-Doubt Journey™:

1. 10 weeks of precisely planned content videos, insight workbooks, and articles to accelerate deep self-awareness
2. 20 hours of small group coaching
3. 1 hour of private coaching session to ensure you gain your deepest insights
4. The highly validated Harrison Paradox Assessment which provides your starting levels on self-esteem and power
5. Tribe progress check-in call three weeks after completion to ensure continued success
6. Continued access to all materials for one year to reinforce your awareness

For registration and invoicing, email carlann@propelforward.com or support@propelforward.com, or call 321-600-4080.



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Video testimonials at
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